

LUNCH

Jalads & Specials

Add grilled chicken (\$4) or tofu (\$3)

BEET AND APPLE SALAD

\$14

Kale, caramelized walnuts, dried cranberries, Gorgonzola cheese, apple cider maple vinaigrette

ASIAN SALAD

\$14

Mixed greens, cabbage, bean sprouts, wontons, peanuts, crispy onions, coriander, green onions, ginger sesame dressing.

HUMMUS AND FALAFEL

\$15

with Israeli salad, pickled onions and chili, pita bread

BLACK BEAN, KALE, & QUINOA BOWL

\$15

Crispy fried tofu, roasted Brussels sprouts, yam, avocado, tahini, spicy oil (add egg \$2)

Jandwiches & Burgers

Served with a side of fries, sweet potato fries, or mixed greens. Add grilled chicken (\$4.50) or tofu (\$3.50)

HOUSE TURKEY BREAST SANDWICH

\$15

Bacon, tomato, lettuce, avocado, herb aioli, pickled onions, grilled sourdough

GRILLED BACON CHEESEBURGER \$17

Havarti cheese, grilled onions, tomato, pickle, arugula, Béarnaise Mayo (Beyond patty available)

GRILLED CHICKEN AND BRIE \$15

Pesto on toasted Ciabatta, arugula, pickled onions, tomato

All menu modifications and substitutions are politely declined.